

WOUND CARE INSTRUCTIONS
HEALING BY SECOND INTENT
(NO SUTURES)

- 1.) LEAVE PRESSURE DRESSING ON FOR 24 HOURS.
- 2.) CLEAN WOUND TWICE A DAY WITH WARM SOAPY WATER AND APPLY VASELINE OR AQUAPHOR OINTMENT.
- 3.) DO NOT SLEEP ON THE SIDE YOU WERE OPERATED ON. IF THE SITE IS ON THE HEAD OR FACE, USE 2-3 PILLOWS TO KEEP YOUR HEAD ELEVATED WHILE SLEEPING. THIS WILL MINIMIZE POST OPERATE SWELLING AND BRUISING.
- 4.) ALTHOUGH INFECTIONS ARE UNLIKELY, THEY CAN OCCUR USUALLY 2 TO 5 DAYS AFTER YOUR PROCEDURE. SIGNS OF INFECTION ARE INCREASING PAIN, TENDERNESS, AND WARMTH AT THE SITE AS WELL AS DISCHARGE AND/OR FEVER/CHILLS. IF YOU DEVELOP ANY OF THESE SYMPTOMS PLEASE CALL US IMMEDIATELY
- 5.) IF BLEEDING OCCURES, APPLY FIRM PRESSURE WITH GAUZE FOR 20 MINUITES. IF BLEEDING PERSISTS CALL OUR OFFICE AT 203-957-3535.

PATIENTS SIGNATURE: _____

DATE: _____

